

## Connecting Patients with their Physician(s) on the DigiSight Network from the SightBook™ App

### Overview

In the DigiSight Network, patients “own” their personal DigiSight vision record, and they must actively take the responsibility to connect and share their vision record with one or more eye doctors who are also registered on the Network. The patient must initiate the electronic connection process. That is, the patient invites an eye doctor to access his/her SightBook electronic vision care record via the DigiSight Network and web site.

In order to participate in this secure electronic connection, the doctor must be registered in the DigiSight Network and will have been assigned a unique DigiSight Physician ID number. If the patient does not know the doctor’s ID number, (s)he can search for the doctor by country, specialty and name using the “Connect with your Doctor” page in the **My DigiSight** tab of the DigiSight web site.

However, if a doctor provides the patient with his/her DigiSight ID number, the patient can simply enter that number in the Physician ID search box, which constrains the search to that one doctor. Alternatively—and even easier—patients who know their doctor’s DigiSight Physician ID number can issue a request to connect electronically with their doctor directly from the SightBook mobile app on their iPhone, iPod Touch or iPad.

**Note:** The app connection feature requires SightBook vers. 1.1 (Dec 2011) or later.

The SightBook version of the patient-physician connection has been streamlined to establish the connection rapidly, so it can be used in a clinic situation where a doctor provides his/her DigiSight ID to a patient and the patient can immediately establish a DigiSight connect using their mobile device during the clinic visit.

In either case, the doctor has the option to *accept* or *decline* the patient’s request, and the doctor’s decision (accepted or declined) appears on the patient’s “Connect with your Doctor” web page or on the “Connections” screen in the app.

Once connected, the patient’s name appears in the “Current Patients” list on the doctor’s My DigiSight web page. The doctor can select any patient in the list, view their SightBook record, and most important, the doctor can add office measurements and other data, copy and paste retinal images and scans and add notes to a patient’s SightBook record. Any changes the doctor makes to the record are visible when the patient views his/her own record, and the doctor’s notes section enables the doctor to communicate electronically with the patient.

## Example of a Patient Connecting with her Physician on the DigiSight Network Directly From the SightBook App

Following is an example of 73-year-old Annie Browneyes, a DigiSight patient who lives in Palo Alto, California, U.S.A. connecting with her eye doctor, Arthur Good sight. Dr. Good sight, who is registered on the DigiSight Network, practices in Palo Alto and lists his specialties as Cataract and Refractive diseases, as well as Comprehensive ophthalmology. His DigiSight Physician ID number is “18.”

Annie suffers from macular degeneration and glaucoma, and Dr. Good sight has been treating her right eye with Lucentis. Annie’s grown children bought her an iPad to view family photos, and Dr. Good sight suggested that Annie install Sightbook on her iPad and use it to test her vision regularly at home.

He also suggested that Annie bring her iPad to her next office visit so that a technician in his clinic could show Annie how to connect with him through the DigiSight Network. Following are the steps that the technician walked Annie through to establish the connection:

1. To begin, Annie needs to be signed in to the DigiSight Network on her iPad. (Patients who never sign out from the DigiSight Network on their mobile devices can skip this step.)
2. Once she is signed in, Annie touches the **Settings** icon at the right end of the tab bar running across the bottom of the SightBook app to open the settings screen.



3. Scrolling to the bottom of the Settings screen, Annie locates the “Other” settings section, which contains a switch to turn off SightBook’s audio instructions and a **Connect with Doctor** button.
4. Annie taps the **Connect with Doctor** button.  
 Since Annie has not yet filled in her patient profile information page on the DigiSight web site, SightBook asks Annie to enter her first and last name.  
**Note:** SightBook needs to obtain the patient’s name so the doctor will know who is asking him/her to connect through the DigiSight Network.
5. Annie taps the **Submit** button to enter her first and last name, and SightBook displays a “Connections” screen which displays any current and/or pending physician connections.
6. At this point, there are no connections, so Annie taps the **Add Connection** button to invite Dr. Goodsight to connect with her through the DigiSight Network.



The “Add” screen opens with two input boxes: one for the doctor’s last name and one for the doctor’s DigiSight Physician ID number.

7. Annie enters “Goodsight” in the Last Name box and “18” as Dr. Goodsight’s ID number.

**Note:** The patient must enter *both* the doctor’s last name, spelled correctly, and the doctor’s ID number in order to proceed. Patients who wish to connect with their doctor but who do not know the doctor’s ID number must either obtain the ID number from their doctor or use the “Connect with my Doctor” page in the **My DigiSight** tab of the DigiSight web site to connect.

- Annie taps the Submit button on the “Add” screen, and returns to the “Connections” screen, where Dr. Goodsight’s name now appears as a *pending* connection.

In order to complete the patient-physician connection, the doctor must act on the patient’s request. The doctor may either accept or decline the patient’s connection invitation. Whichever choice the doctor makes then appears on the “Connections” screen in the SightBook app.

**Note:** The connection status also appears on the “Connect with my Doctor” screen in the **My DigiSight** tab of the DigiSight web site.



- While Annie is sitting in Dr. Goodsight’s waiting room, his technician goes to Dr. Goodsight’s computer, locates Annie’s pending connection request in the “New Patients” section on Dr. Goodsight’s “My Patients” screen, and accepts Annie’s connection invitation.

Annie’s name moves to the “Current Patients” section of Dr. Goodsight’s “My Patients” screen, and Annie’s SightBook app receives the “accepted” choice.

- In order to refresh the “Connections” screen and confirm the connection, the technician tells Annie to tap the **Back** button at the top of the “Connections” screen to return to the “Settings” screen and then tap the **Connect with Doctor** button again.

Dr. Goodsight is now shown as a current connection on Annie’s SightBook “Connections” screen.

From his “My Patients” screen on the DigiSight web site, Dr. Goodsight can now view Annie’s SightBook record and monitor her progress as she uses SightBook to test her visual acuity, contrast and visual distortion at home.

## Completing the My Information Profile on the Patient Tab of the DigiSight Web Site

Since Annie is an existing patient, Doctor GoodSight already has a record of the all the information that Annie would normally enter in her “My Information” page on the DigiSight web site. However, other doctors with whom Annie may wish to connect in the future may not have this information readily available.

For this reason, if a patient uses SightBook to establish their first physician connection on the DigiSight network, we strongly recommend that the patient spend a few more minutes filling in the remainder of his/her “My Information” profile on the DigiSight web site.

Continuing our scenario of 73-year-old DigiSight patient, Annie Browneyes, here are the steps that Annie would follow to complete her “My Information” profile:

1. To begin the process, Annie signs-in to the DigiSight Network using her email address and password—the same email address and password she used to join the DigiSight Network on her iPad.

When Annie signs in to the web site, her “My SightBook” page opens under the **My DigiSight** navigation tab, as shown below.



2. Annie now chooses **My Information** from the secondary navigation menu on the right side of the page.

The “My Information” web page opens with Annie’s first and last name displayed in the first two fields of the patient information form.

3. Annie proceeds to fill in her gender, date of birth, city, state and country of residence, and her home and mobile phone numbers.
4. Since Annie has been treated by Dr. GoodSight, she knows her diagnoses and can check the appropriate boxes for each eye in the Diagnosis section.

**Note:** Patients who are not currently being treated by an eye doctor or who do not know their diagnosis should leave these boxes un-checked.

5. Finally, Annie must click **Save** to save her profile information.

Annie's completed profile page is shown below.

**My Information**

Your information has been saved

If you would like to add or change any of your information you may do so below. Be sure to click the **Save Changes** button when you are finished.

**My Information**

First name: Annie

Last name: Browneyes

Gender: Female

Date of birth: 1938-06-06

City: Palo Alto

State: CA

Country: United States

Phone: 650-987-2345

Mobile phone: 650-550-2345

Current diagnoses for left eye:

- Macular Degeneration
- Diabetic Retinopathy
- Retinal Vein Occlusion
- Glaucoma
- Cataract
- Other

Current diagnoses for right eye:

- Macular Degeneration
- Diabetic Retinopathy
- Retinal Vein Occlusion
- Glaucoma
- Cataract
- Other

**Fill In This Information**

**If known, check appropriate diagnoses boxes for each eye.**

**If not known, leave all boxes un-checked.**

**Save**

When a patient sends a DigiSight Network connection request to an eye doctor, the doctor can review the patient's profile information (everything on this page except the phone numbers). In cases where the doctor has not previously treated the patient or does not know him/her, the patient's profile information may help the doctor decided whether to accept or decline the connection request.

**Note:** A patient can update and re-save the information on this page at any time.

## Example of a Patient Connecting Via SightBook with a Second Doctor

On the Digi**Sight** Network, patients can invite more than one eye doctor to access their SightBook electronic vision record. Continuing the scenario of 73 year-old patient, Annie Browneyes, following is an example of a typical situation where connecting a patient with more than one eye doctor is advantageous.

Annie lives in the city of Palo Alto, located near San Francisco, California, U.S.A. However, Annie's grown children all live in Los Angeles, 600 miles south, and they invite Annie to spend two months with them in sunny Southern California.

The only issue is that during her stay in Los Angeles, Annie needs to have a Lucentis treatment in her right eye. She discusses her trip with Dr. Good sight, and he recommends that while she is in Los Angeles, Annie schedule an appointment with Dr. William Ames, who is also registered on the Digi**Sight** Network, and whose practice is located in Los Angeles.

So, prior to leaving for L.A., Annie phones Dr. Ames's office and makes an appointment to have a Lucentis treatment there. Dr. Ames advises Annie to invite him to share her SightBook vision record so that he can participate along with Dr. Good sight in her vision care. Dr. Ames also provides Annie with his Digi**Sight** Physician ID number, 8, to facilitate making this connection.

To add a second physician connection with Dr. Ames, Annie simply follows the same 10 steps above. Here is a summary:

1. Annie opens SightBook and taps the **Settings** icon on the tab bar to open the "Settings" screen.
2. She scrolls down to the "Other" section of the "Settings" screen and taps the **Connect with Doctor** button.

This time, Annie's name is already stored in her Digi**Sight** patient profile information, so SightBook displays the "Connections" screen, showing Annie's existing connection with Dr. Good sight.

3. Annie taps the **Add Connection** button to send a Digi**Sight** Network connection invitation to Dr. Ames in Los Angeles.

The “Add” screen opens, and Annie enters “Ames” in the Last Name box and “8” in the Physician ID box.



- Annie then taps the Submit button, and SightBook returns to the “Connections” screen, which now shows a pending connection with Dr. Ames, in addition to the existing connection with Dr. Goodsight.

When Dr. Ames accepts Annie’s connection invitation, his name moves to the Current doctors section on the “Connections” screen.

